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Review

Beyond Care: A Scoping Review on the Work Environment of Oncology Nurses

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Abstract

Background: The Nursing Work Environment (NWE) plays a critical role in determining the quality of care, staff well-being, and organizational performance, particularly in oncology settings. Despite increasing attention, a comprehensive synthesis of organizational factors shaping oncology NWEs has been lacking. This scoping review aimed to describe the key features of oncology NWEs and to explore the outcomes associated with these characteristics. **Methods**: A scoping review was conducted following the Joanna Briggs Institute guidelines. Peer-reviewed studies published in English or Italian were included without time restrictions. Literature searches were performed in MEDLINE via PubMed, CINAHL, and Scopus between January and April 2025. **Results**: Twenty studies met the inclusion criteria. Key organizational characteristics of oncology NWEs were grouped into the following four domains: leadership and organizational support; workload and resource availability; ethical climate and collegial relationships; and physical and structural conditions of care settings. Across the studies, a positive NWE was frequently reported to be associated with improved nurse-related outcomes and, to a lesser extent, with patient-related outcomes. However, these associations should be interpreted with caution due to the heterogeneity of contexts and the predominance of cross-sectional designs. **Conclusions**: The NWE is a strategic element in delivering effective, safe, and sustainable oncology care. Practical actions for nurse managers and healthcare leaders include implementing leadership training programs, ensuring adequate staffing and resource allocation, fostering open communication, and promoting interdisciplinary collaboration. These measures are essential to protect staff well-being and guarantee high-quality, patient-centered care.

Keywords: nursing work environment; oncology nursing; scoping review; organizational factors

1. Introduction

In recent years, the concept of the Nursing Work Environment (NWE) has attracted growing attention in the literature, especially for its relevance to care quality and organizational well-being in the evolving field of health sciences. The NWE was defined as the set of organizational features within the workplace that may enhance or constrain professional nursing practice [1]. To better conceptualize the complexity of the NWE, its characteristics can be grouped into four key dimensions. The first dimension concerns the nature of the work, including role clarity and workload, as well as aspects such as professional autonomy,

underexamined in its specific dimensions, particularly regarding how it should adapt to the complexity of the work environment. Moreover, while the Primary Nursing model is well established in this setting [12,35], models such as the Magnet Recognition Program [33] and the Transformational Leadership Framework [35] have rarely been tested.

A supportive work environment has a direct impact on patient outcomes, particularly regarding perceived quality, safety, and continuity of care [13,27]. Studies have identified effective communication, the continuous presence of nurses at the patient's bedside, and the adoption of standardized procedures as key factors in preventing errors and reducing clinical risk. Notably, the phenomenon of missed nursing care is a negative indicator of the work environment, correlating with staff shortages and an unstable ethical climate [22]. Beyond organizational aspects, a significant link emerges between MNC, ethical climate, and patient safety. Studies show that work environments characterized by shared values, collaboration, and ethical support are associated with reduced care omissions, whereas settings perceived as individualistic or rigidly normative are linked to higher levels of missed nursing care [21,22]. This relationship can be interpreted through Donabedian's framework [37], which conceptualizes quality of care as the interaction between structure (resources, organization), processes (nursing activities, ethical interactions), and outcomes (safety, satisfaction, well-being). In environments where the structure is fragile (e.g., staffing shortages, inadequate facilities) and the process is compromised (e.g., lack of ethical support and interprofessional communication), the outcomes manifest as fragmented care, increased clinical risk, and moral distress.

The work environment also directly affects oncology nurses themselves. Globally, the professional landscape is concerning, with negative perceptions of psychosocial well-being and professional stability due to increasing emotional demands and workload [24,33]. Staff retention poses a major challenge, hindered by factors such as burnout, lack of resources, limited organizational support, and low involvement in decision-making processes [14,19]. Conversely, supportive environments that value the nursing role are associated with higher retention rates and greater job satisfaction [18].

Finally, the review highlights the need to implement organizational strategies such as resilience programs, peer support groups, and spaces for emotional processing [28,29] to enhance resilience, motivation, and staff stability. These interventions are still relatively uncommon but could be considered essential to protect both the physical and mental health of the nursing workforce.

4.1. Implications for Practice and Research

Overall, the results of this scoping review underscore the urgent need for structural and cultural changes within oncology settings. From a practical standpoint, investing in supportive work environments is not merely a matter of staff satisfaction but a strategic imperative for improving care outcomes [38]. Organizational policies should prioritize adequate staffing levels, fair workload distribution, and meaningful inclusion of nurses in institutional decision-making processes [2]. At the same time, the near absence of evidence on community and home-based oncology nursing highlights a significant gap in the literature. Considering that a growing proportion of cancer care is now delivered in outpatient and home settings [39], future studies should explore how supportive organizational models and leadership strategies can be effectively translated beyond the hospital context.

Several management practices and organizational models have already been tested in oncology contexts and offer actionable directions for practice. The Magnet Recognition Program has been associated with higher job satisfaction and reduced turnover among oncology nurses [33], while the Primary Nursing model demonstrated benefits in terms of care continuity, professional accountability, and stronger therapeutic nurse–patient relationships [20,27]. Interventions such as the Creating a Resilient Work Environment Program, which integrate structured peer-support groups and grief-processing sessions, have shown promise in enhancing resilience and reducing emotional distress [28]. Similarly, transformational leadership frameworks, emphasizing shared vision, participatory governance, and visible managerial support, have consistently been linked with lower burnout and greater professional commitment [19,20]. These tested approaches provide concrete models that oncology institutions could adapt and implement to strengthen organizational environments.

Future research should adopt integrated and methodologically robust approaches, prioritizing interventional designs that translate evidence into practical improvements. In particular, further investigation is needed into oncology settings embedded within Magnet-recognized hospitals or those implementing Primary Nursing models, to evaluate their specific impact on work environments. Finally, a deeper examination of transformational leadership within individual oncology contexts is warranted to better understand how this approach can be effectively operationalized in diverse clinical environments. Equally important are the implications for nursing education and professional development. The complexity and emotional intensity of oncology care call for specific training in resilience, communication, interdisciplinary collaboration, and leadership. Integrating these elements into undergraduate and continuing education programs can better prepare nurses to navigate challenging environments while promoting their psychological well-being and clinical effectiveness. In particular, training on transformational leadership principles, shared governance models, and participatory approaches such as co-design and co-creation can empower nurses to contribute actively to improving their work settings [40]. To maximize impact, such programs should be aligned with international competency frameworks, such as the International Council of Nurses (ICN) Core Competencies [41] and the American Association of Colleges of Nursing (AACN) Essentials, which strengthen credibility and ensure global applicability [42].

Given the current underrepresentation of community and home oncology nursing in the literature, future practice and research should also consider these settings as priority areas.

4.2. Limitations

The key issue was the heterogeneity of study contexts, which ranged across various clinical settings and geographical regions, making cross-comparison difficult. Sample sizes varied widely, and most studies relied on convenience sampling, reducing the generalizability of findings. Furthermore, the review only included studies published in English and Italian, introducing a potential language bias. Gray literature was not consulted, which may have led to the omission of potentially relevant but unpublished or non–peer-reviewed studies. From a methodological perspective, there is a clear predominance of cross-sectional studies, which mainly explore associations between variables, while quasi-experimental and longitudinal designs are largely underrepresented. Future research should therefore prioritize interventional and longitudinal designs to generate more robust evidence.

5. Conclusions

This scoping review systematically collected and mapped the main characteristics of the work environment for nurses in oncology settings. The findings indicate that key factors are crucial in shaping both the psychosocial well-being of nurses and the quality and safety of patient care. However, the literature also highlights significant challenges, including staffing shortages, heavy workloads, insufficient organizational support, and limited nurse participation in decision-making.

Immediate priorities for practice include ensuring adequate nurse-to-patient ratios, introducing structured workload management policies, and strengthening nurses' involvement in institutional decisions through participatory models that have already been tested in healthcare. Equally important is the integration of targeted educational initiatives into both undergraduate curricula and continuing professional development. Training programs that foster transformational leadership, effective communication, and interdisciplinary collaboration can empower nurses to navigate the complexity of oncology care.

Future research should focus on longitudinal and interventional studies to assess the effectiveness and transferability of established organizational models across oncology contexts. At the same time, it is essential to design and rigorously evaluate educational programs aimed explicitly at sustaining nurses' resilience and professional well-being, ensuring their applicability in diverse oncological settings.

Supplementary Materials: The following supporting information can be downloaded at: https://www.mdpi.com/article/10.3390/nursrep15090324/s1, Table S1: PRISMA Checklist. Table S2: Search strategy, Table S3: Data extraction table.

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Abbreviations

The following abbreviations are used in this manuscript:

CINAHL	Cumulative Index to Nursing and Allied Health Literature
JBI	Joanna Briggs Institute
NWELD	Nursing Work Environment Linear Dichroism
PCC	Population, Concept, Context
PRISMA-ScR	Preferred Reporting Items for Systematic reviews and Meta-Analyses for Scoping Reviews
RN4CAST	Registered Nurse forecasting in Europe

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